



Current Drug Prevalence and Abuse Situation in Sri Lanka

*Research Division
National Dangerous Drugs Control Board
Ministry of Defence*

Prevalence of Drug Abuse in Sri Lanka

National Prevalence Survey on drug use 2019

Methodology

- **Direct Estimation method**
- Head counting of drug users in GN Division levels
- **Indirect Estimation methods**
 - Benchmark and multiplier estimation
 - Capture recapture process

National Prevalence - 2019

Drug type	Total*
Cigarette / Tobacco products	2,406,581
Alcohol	3,035,143
Heroin	92,540
Cannabis	301,898
Pharmaceutical Tablets	24,211
Other	115,234

Drug Prevalence by Gender & Age

Drug type	වයස අවුරුදු 18 ට අඩු (Below 18 years)		වයස අවුරුදු 18 හෝ ඊට වැඩි (18 years and above)		එකතුව Total
	ස්ත්‍රී (Female)	පුරුෂ (Male)	ස්ත්‍රී (Female)	පුරුෂ (Male)	
සිගරට් (Cigarette)	282	122,432	23,284	2,260,583	2,406,581
මද්‍යසාර (Alcohol)	906	121,170	19,680	2,893,387	3,035,143
හෙරොයින් (Heroin)	64	6,147	1,320	85,009	92,540
ගංජා (Cannabis)	81	30,421	1,483	269,913	301,898
ඖෂධමය පෙති වර්ග (Pharmaceutical Tablets)	71	4,628	219	19,293	24,211
වෙනත් (Other)	265	9,636	4,000	101,423	115,324

Drug prevalence (as a percentage of general population)

මත්ද්‍රව්‍ය වර්ගය Drug type	වයස අවුරුදු 14 ට වැඩි ස්ත්‍රී ජනගහනයට ප්‍රතිශතයක් ලෙස (As a percentage for total female population of above 14 years)%	වයස අවුරුදු 14 ට වැඩි පුරුෂ ජනගහනයට ප්‍රතිශතයක් ලෙස (As a percentage for total male population of above 14 years) %	වයස අවුරුදු 14 ට වැඩි සමස්ත ජනගහනයට ප්‍රතිශතයක් ලෙස (As a percentage for total population of above 14 years) %
සිගරට් (Cigarette)	0.3	31.1	15
මද්‍යසාර (Alcohol)	0.2	39.4	18.9
හෙරොයින් (Heroin)	0.017	1.2	0.6
ගංජා (Cannabis)	0.02	3.9	1.9
ඖෂධමය පෙති වර්ග (Pharmaceutical Tablets)	0.003	0.31	0.15
වෙනත් (Other)	0.1	1.5	0.7

Estimated Drug Use population : Per Million

Estimated Drug Use Population (Per Million)



Cannabis
19000



Heroin
6000



Pharmaceutical Drugs
2000



Alcohol
189000



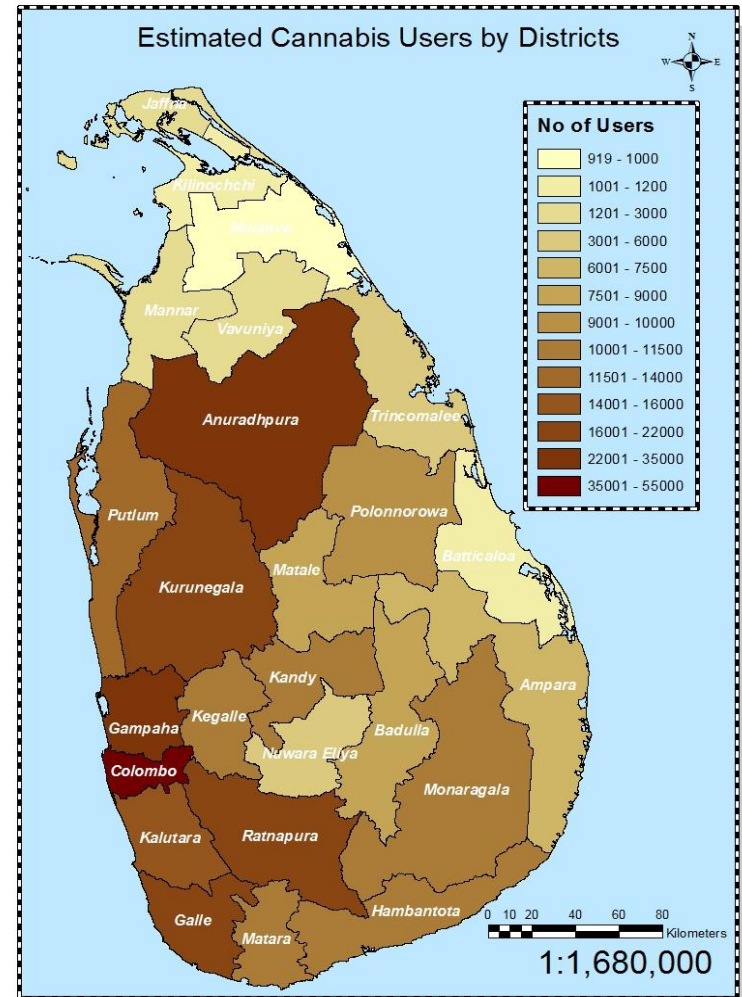
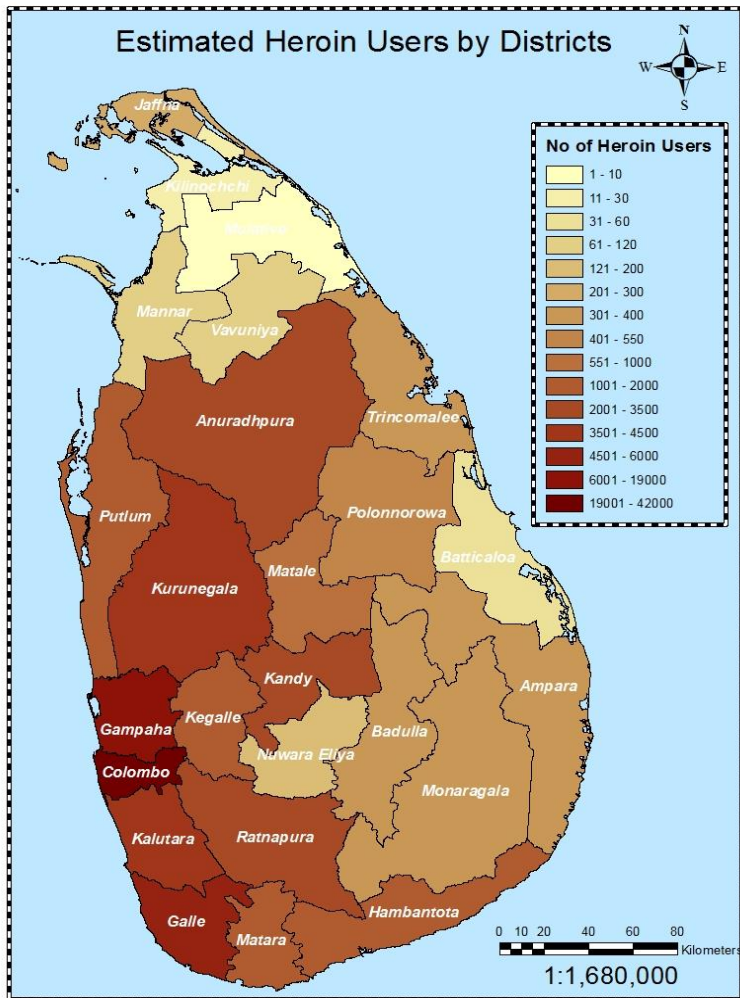
Cigarette
150000

Drug prevalence by drug use pattern

Drug type	Drug use pattern		Total*
	Daily	Occasionally	
Cigarette	1,613,777	792,804	2,406,581
Alcohol	1,063,383	1,971,760	3,035,143
Heroin	70,862	21,678	92,540
Cannabis	178,643	123,255	301,898
Pharmaceutical Tablets	12,932	11,279	24,211

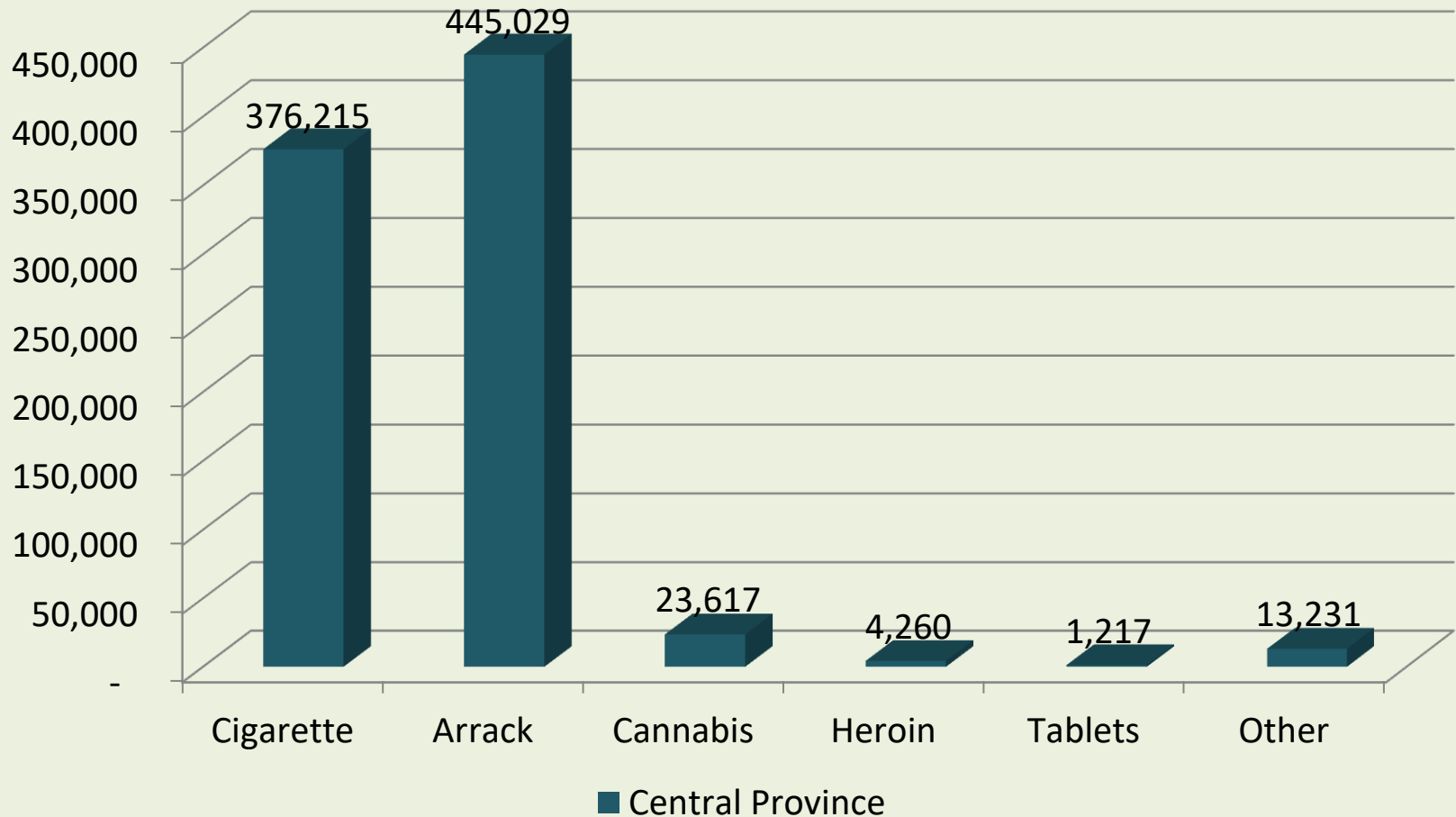
** Poly drug users are represented in estimation figures.*

District wise prevalence of drug use



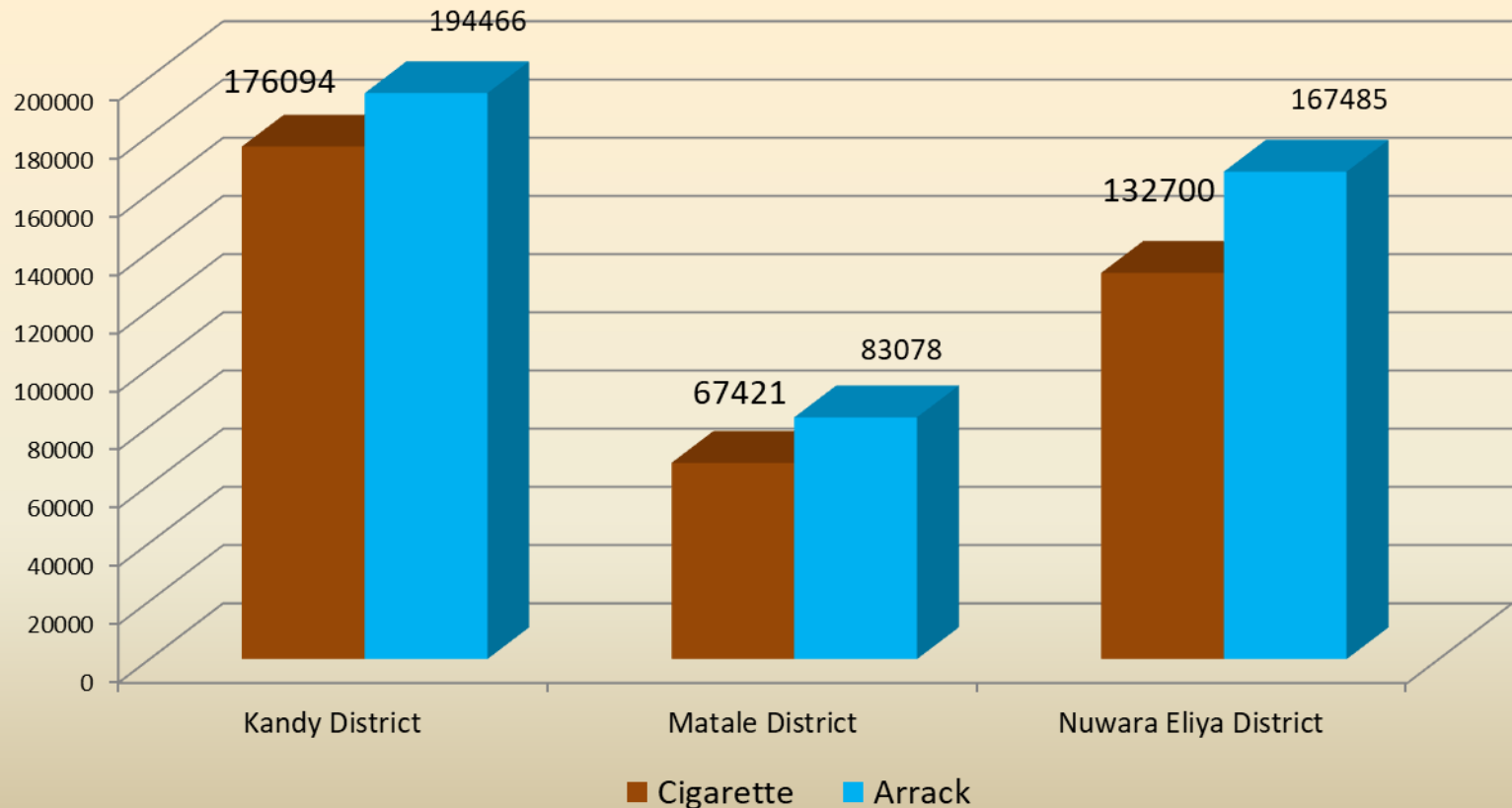
Drug Prevalence in Central province

Estimated drug use population in Central province

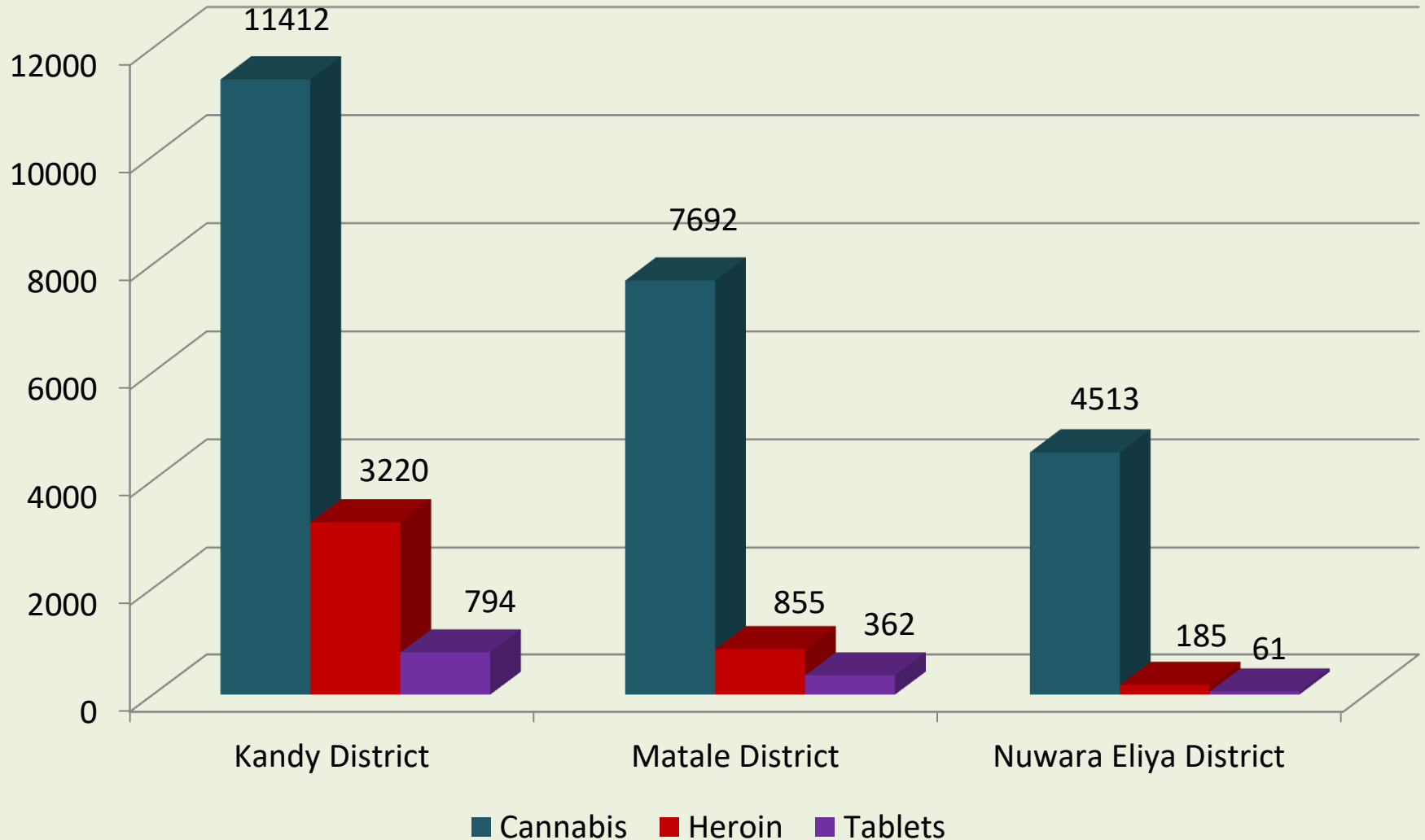


District wise prevalence in Central province

Prevalence of Cigarette and Alcohol use

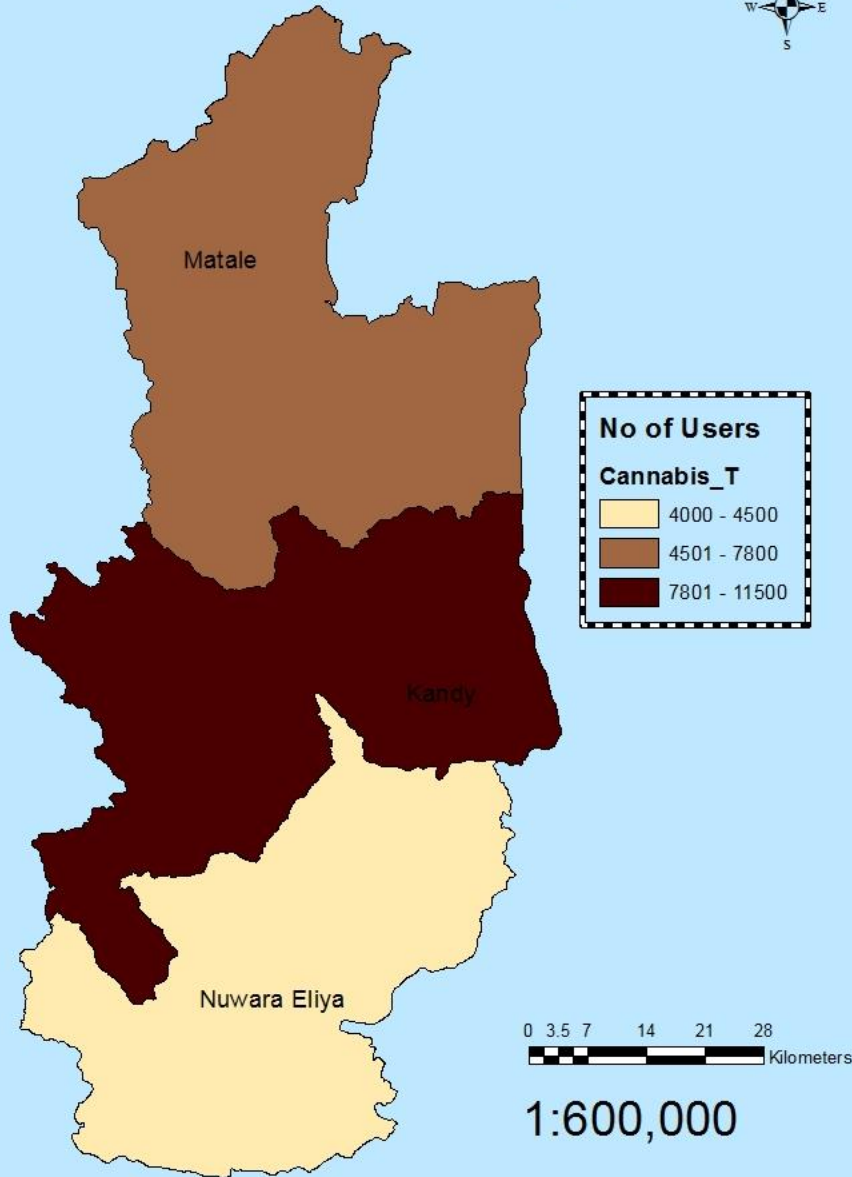


Prevalence of Heroin, Cannabis and Tablets use

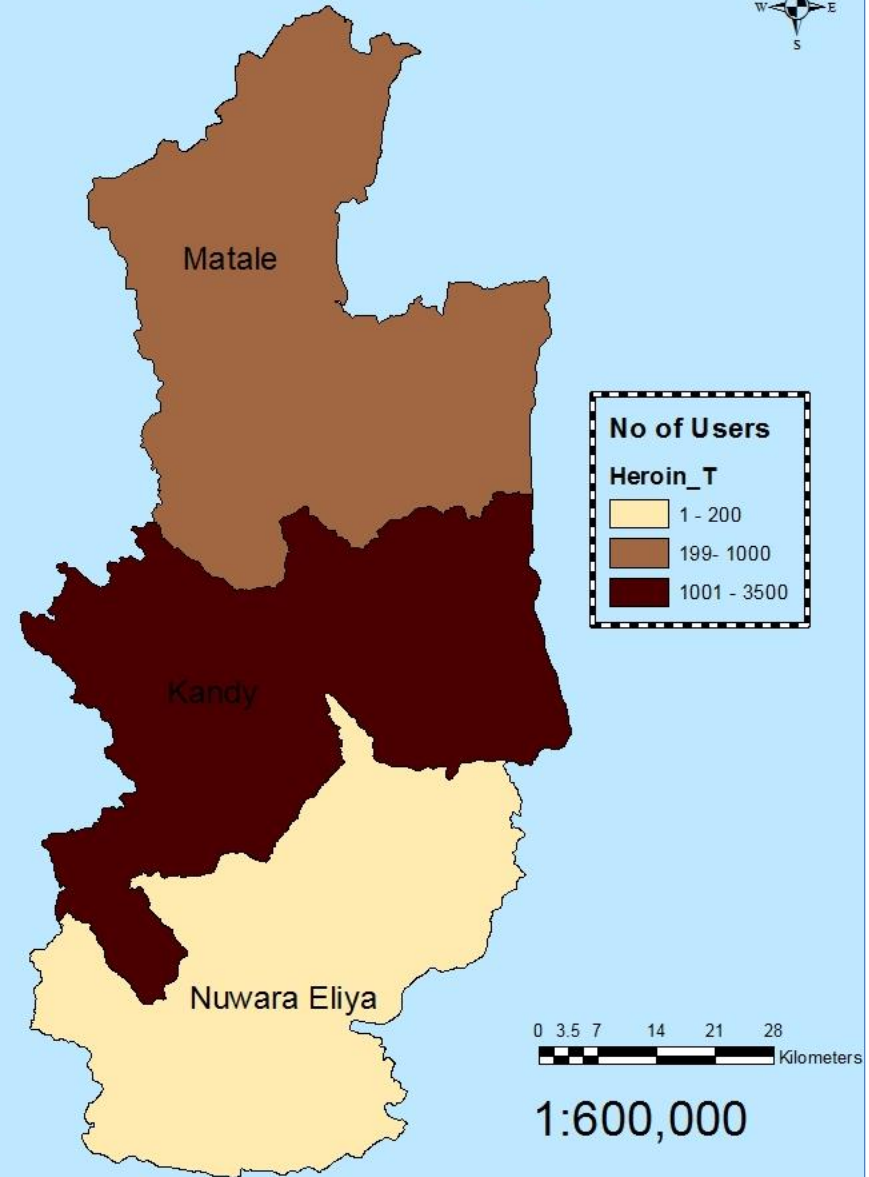


District wise prevalence in Central province

Estimated Cannabis Users by Districts

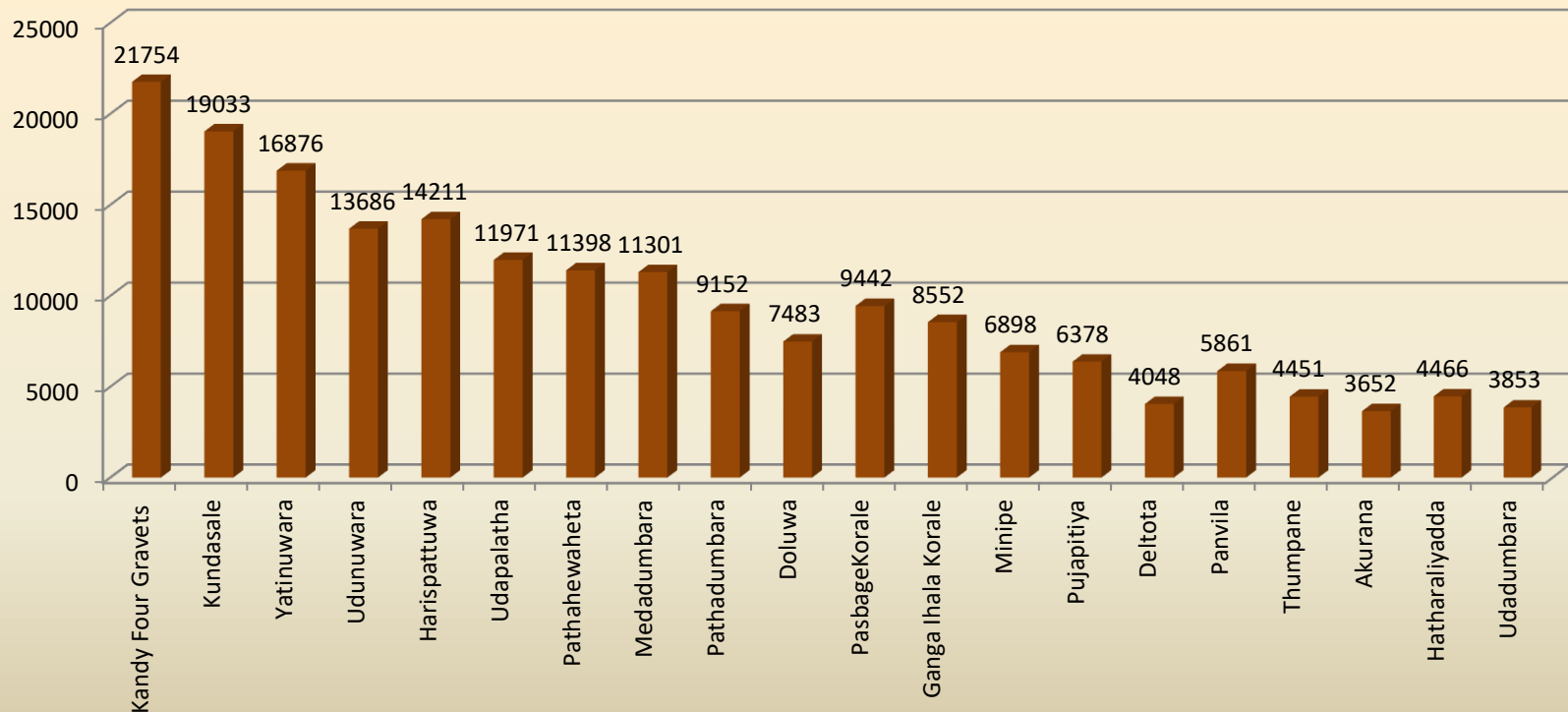


Estimated Heroin Users by Districts

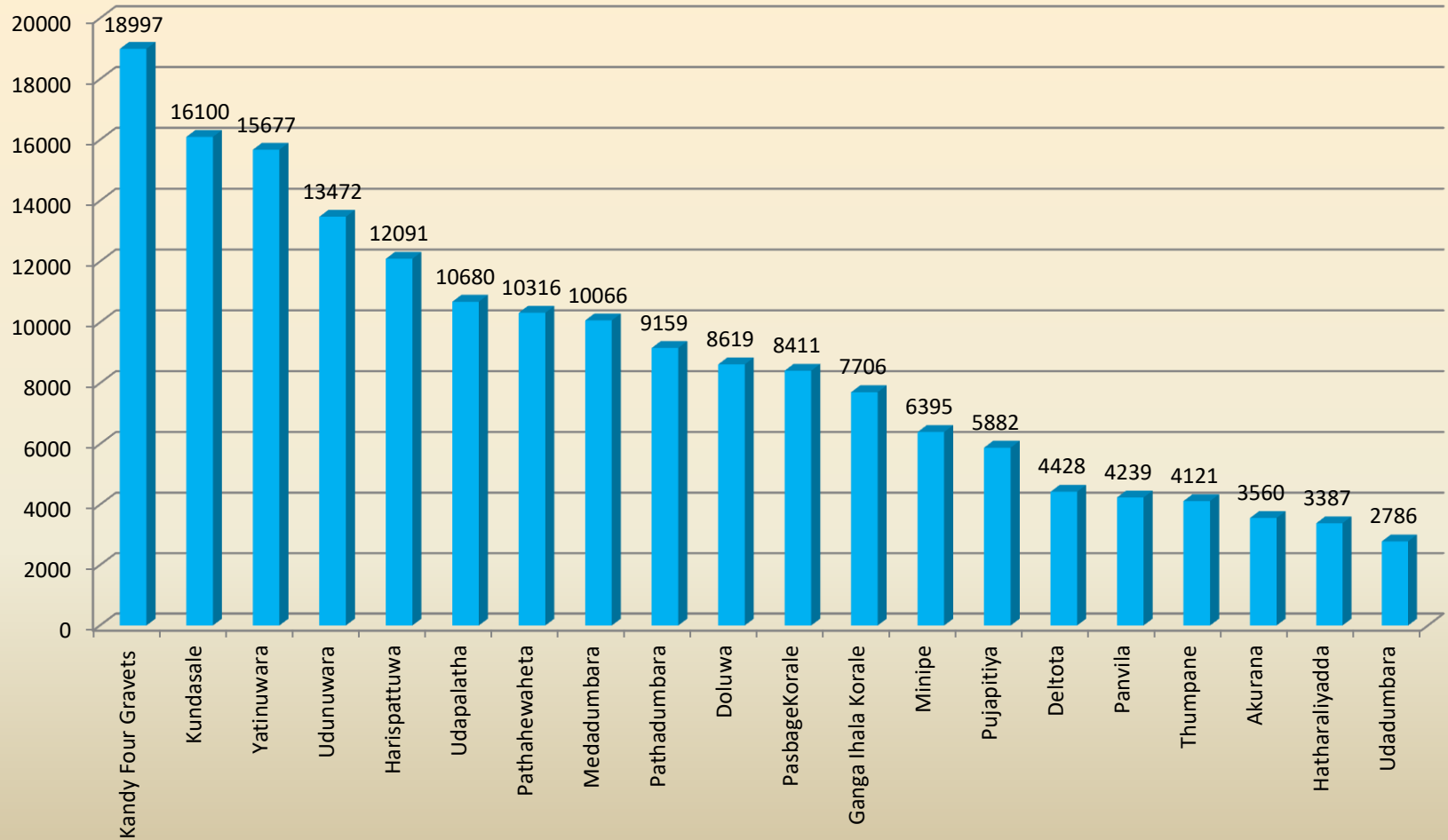


DS wise prevalence in Kandy District

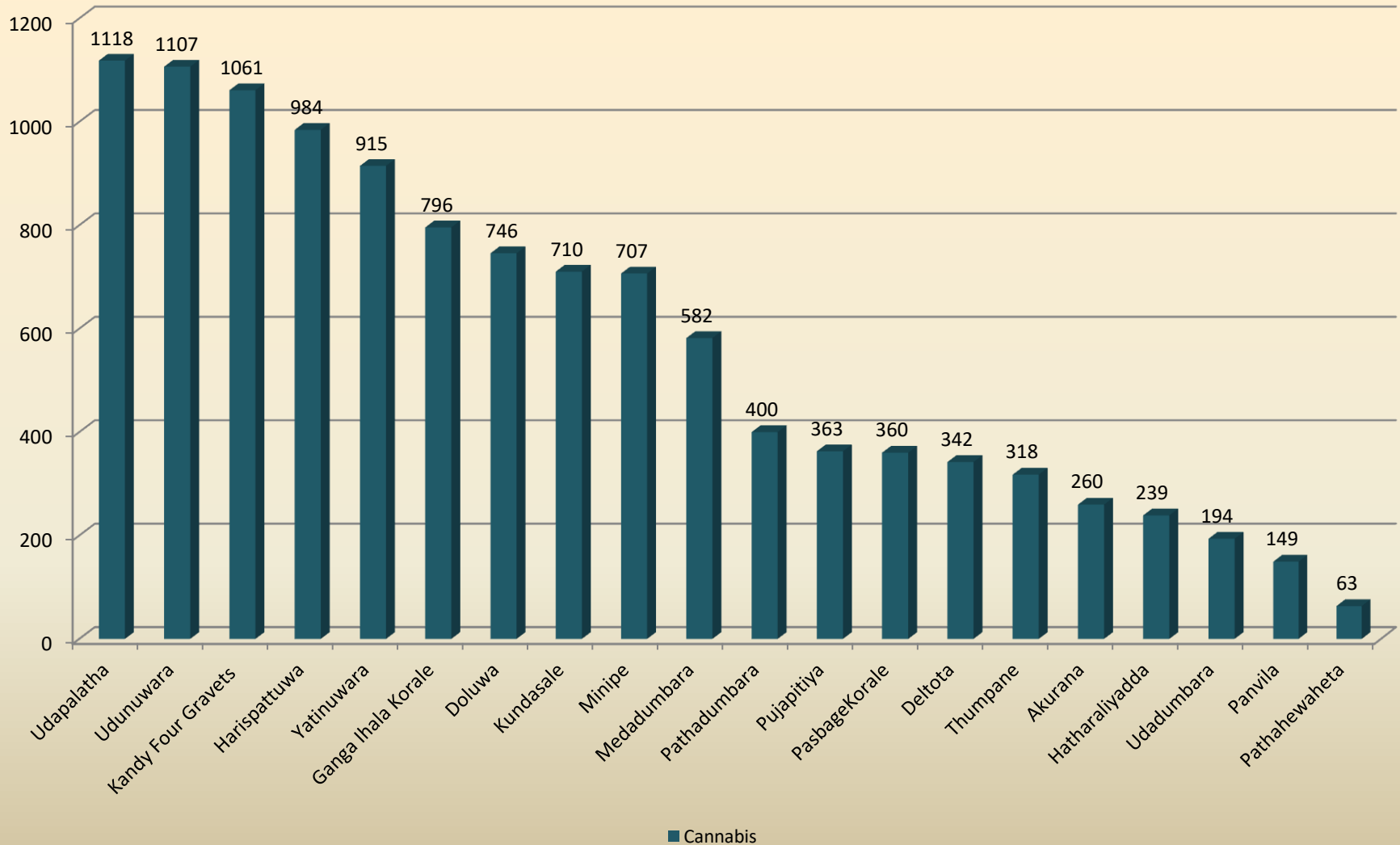
Prevalence of Alcohol use



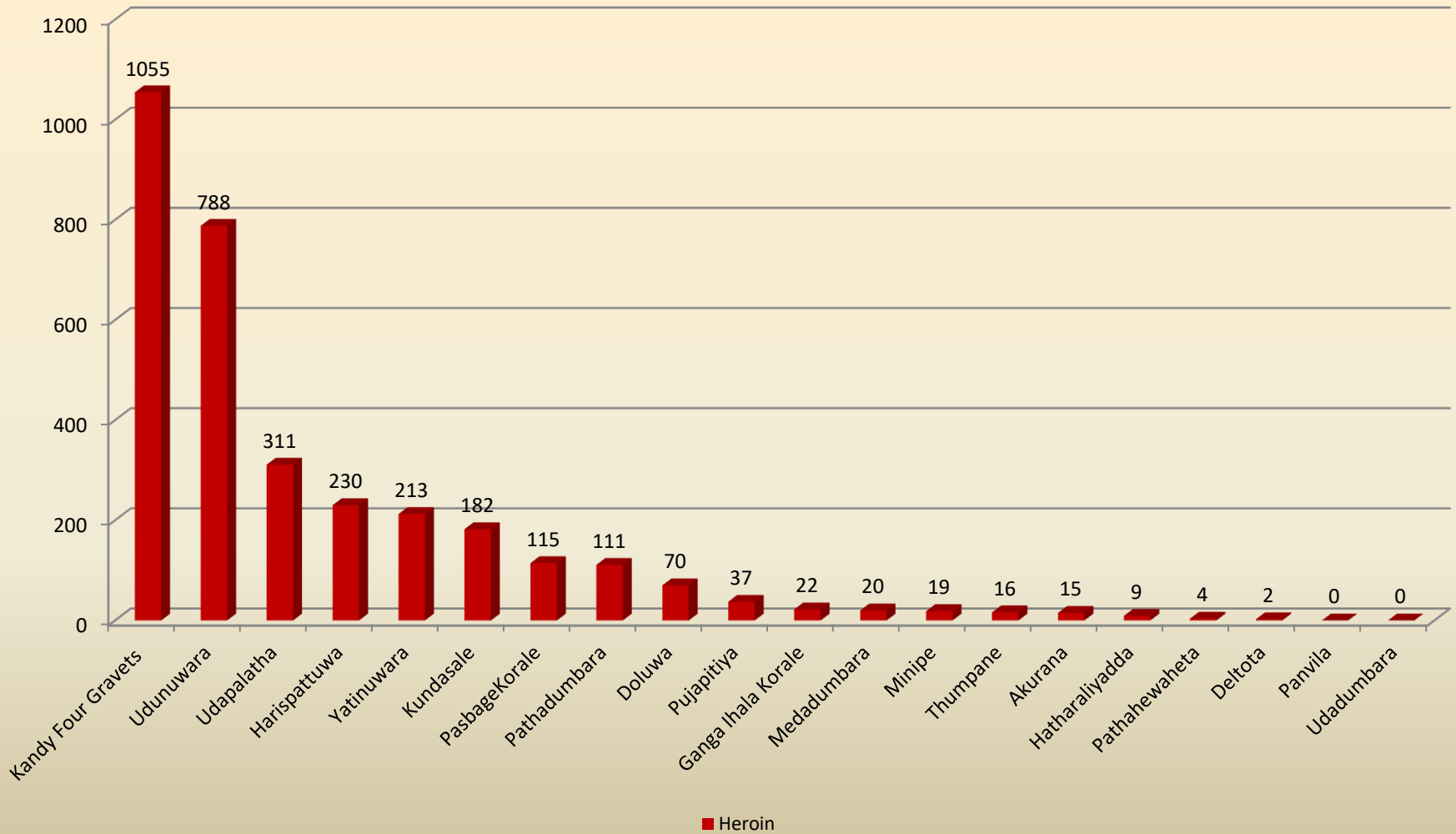
Prevalence of Cigarette use



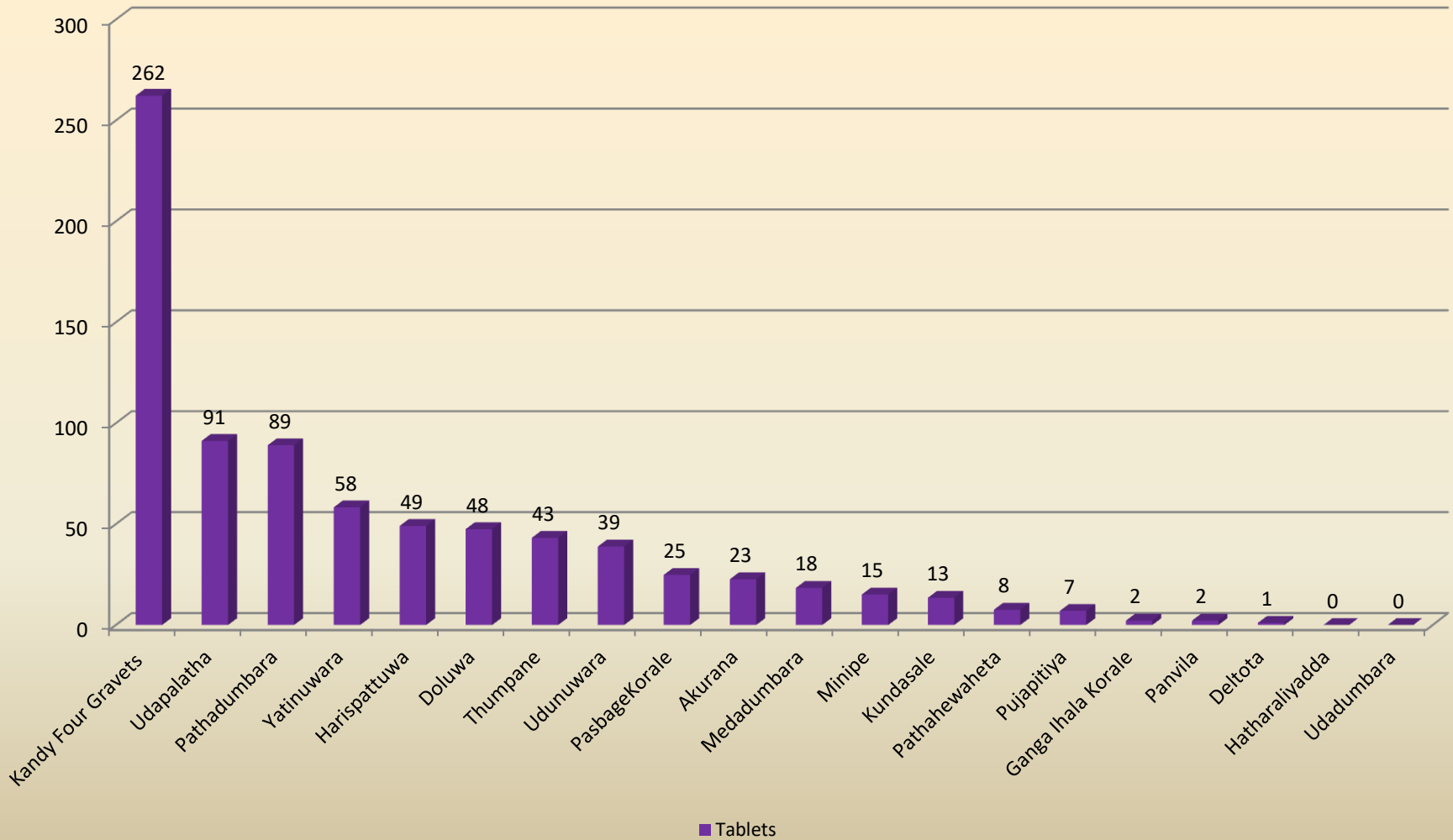
Prevalence of Cannabis use



Prevalence of Heroin use

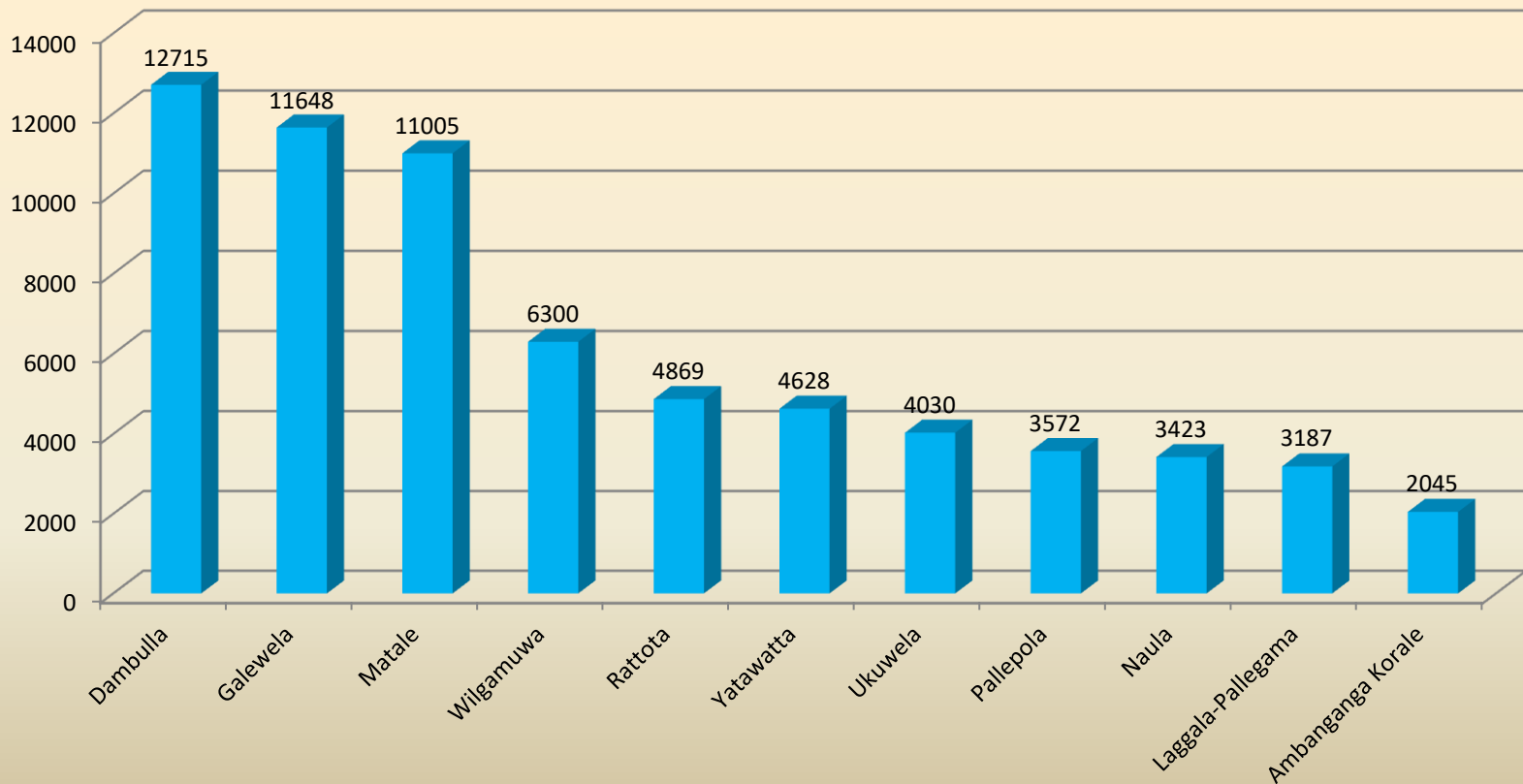


Prevalence of Tablets use

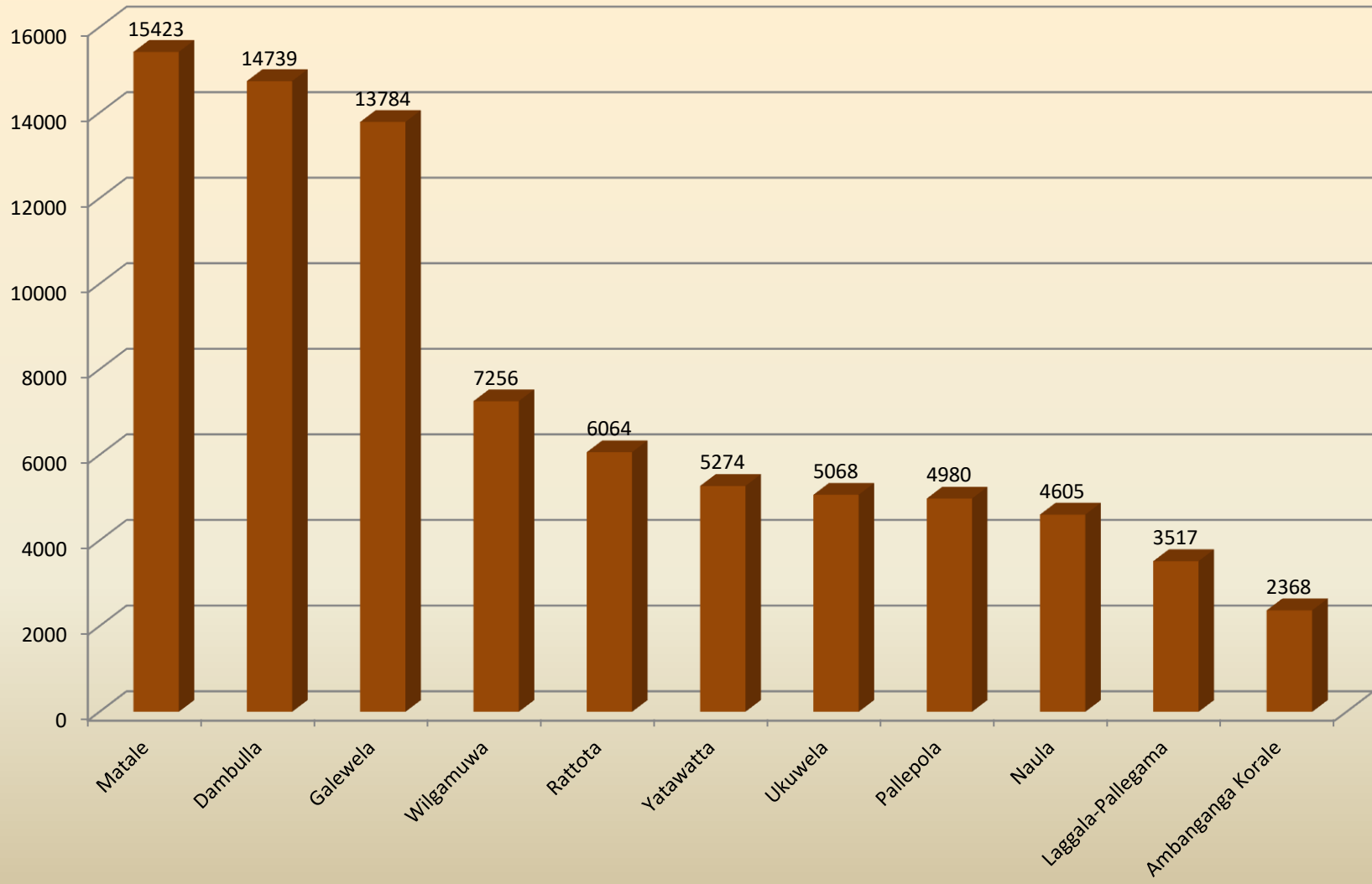


DS wise prevalence in Matale District

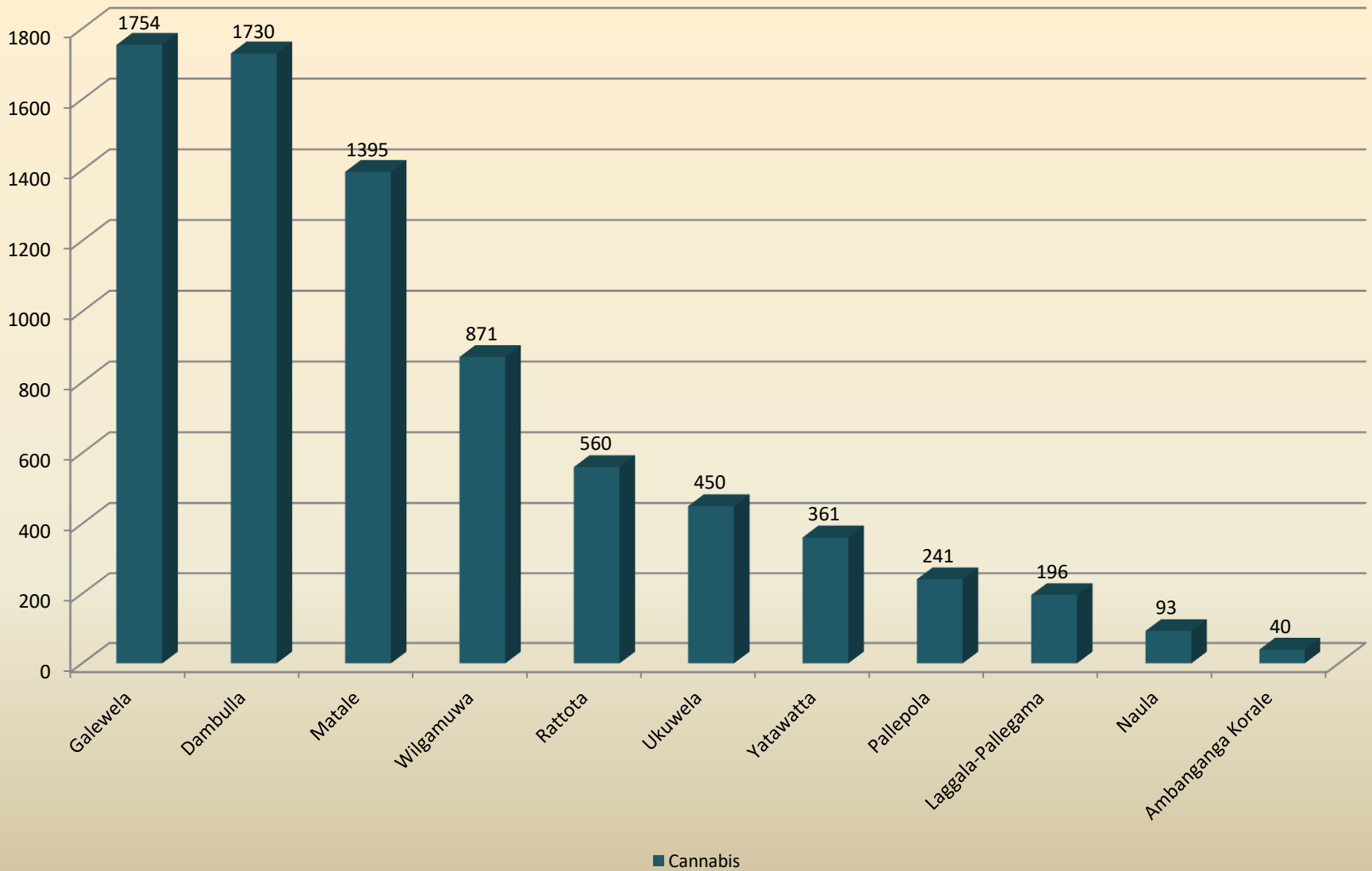
Prevalence of Cigarette use



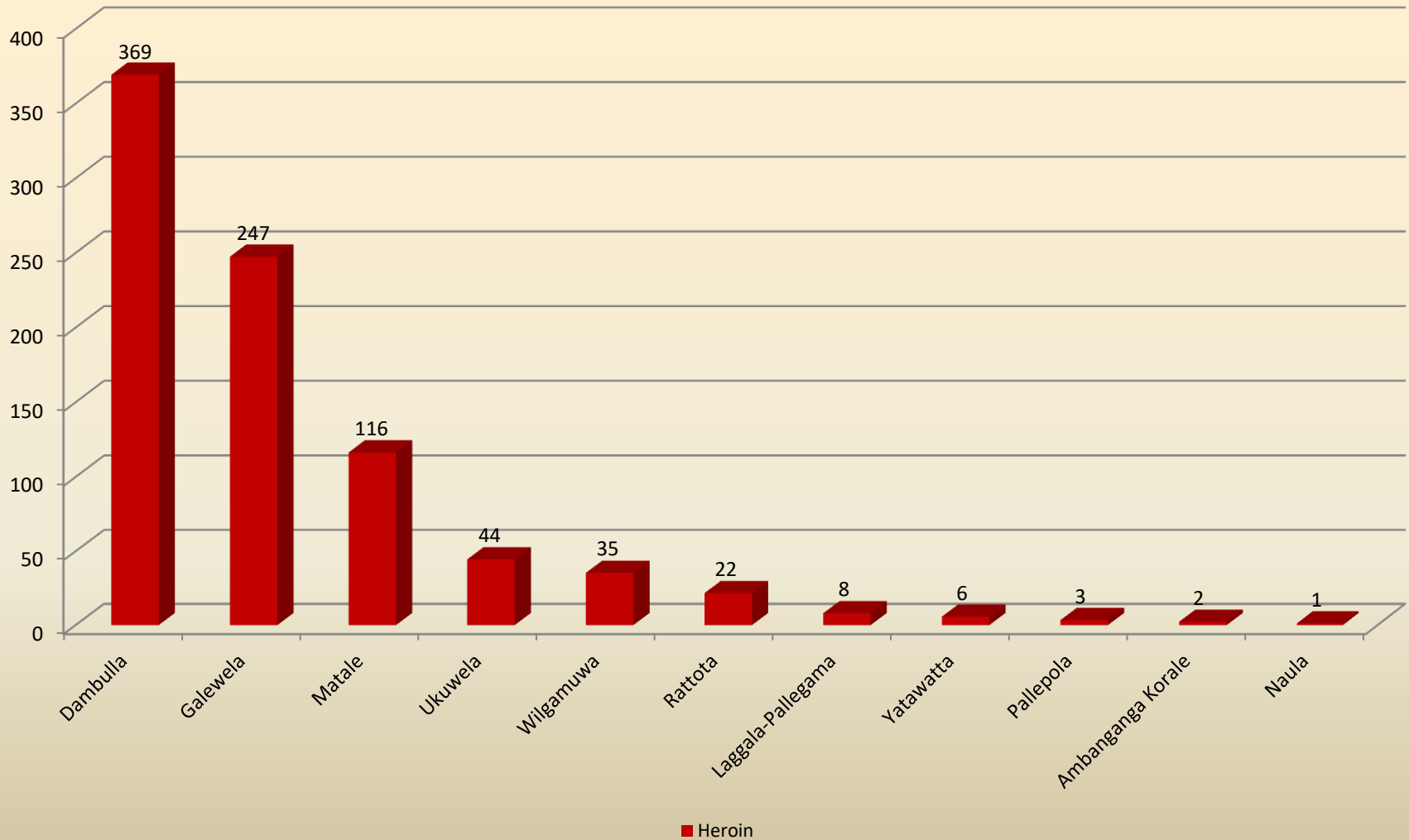
Prevalence of Alcohol use



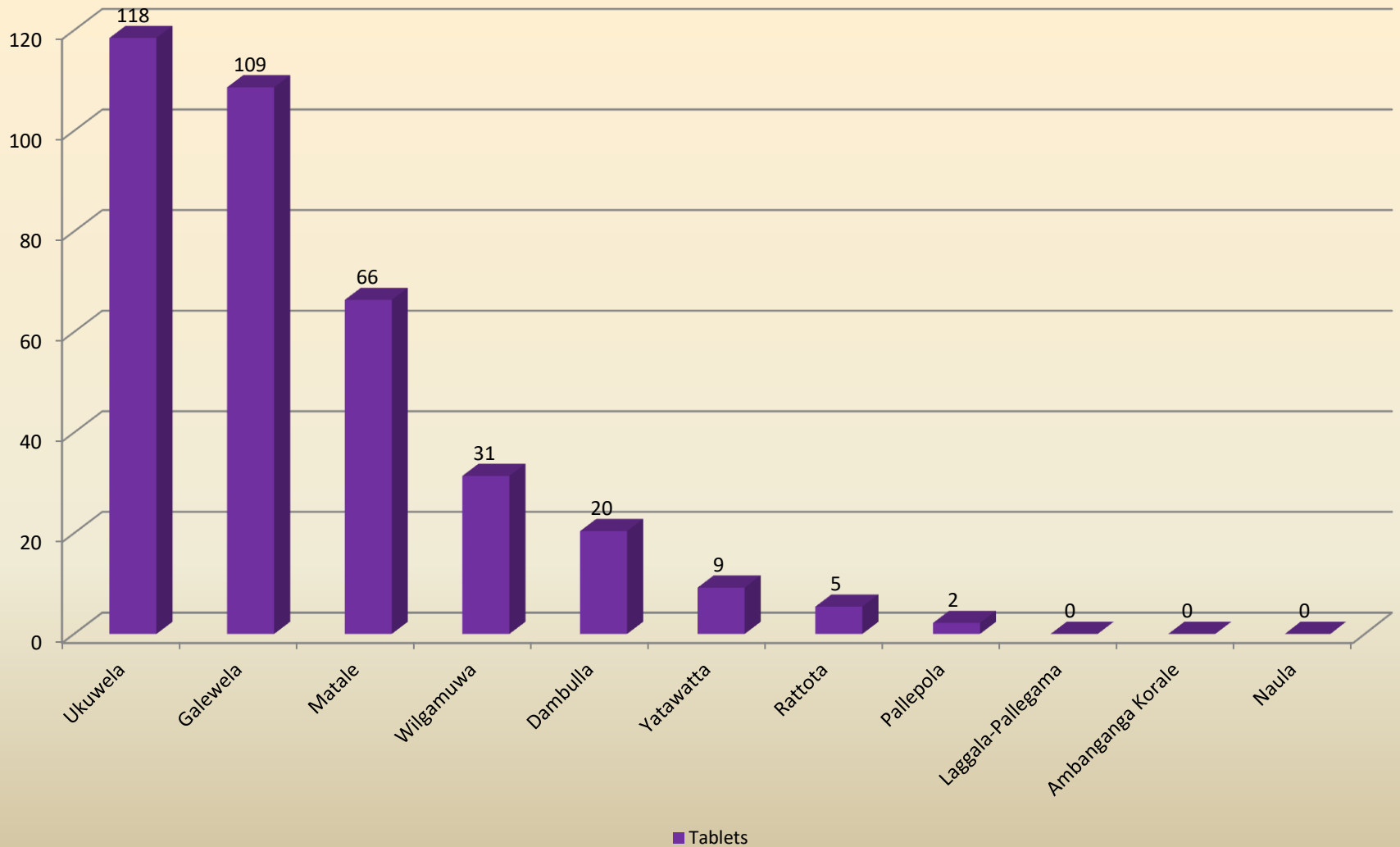
Prevalence of Cannabis use



Prevalence of Heroin use

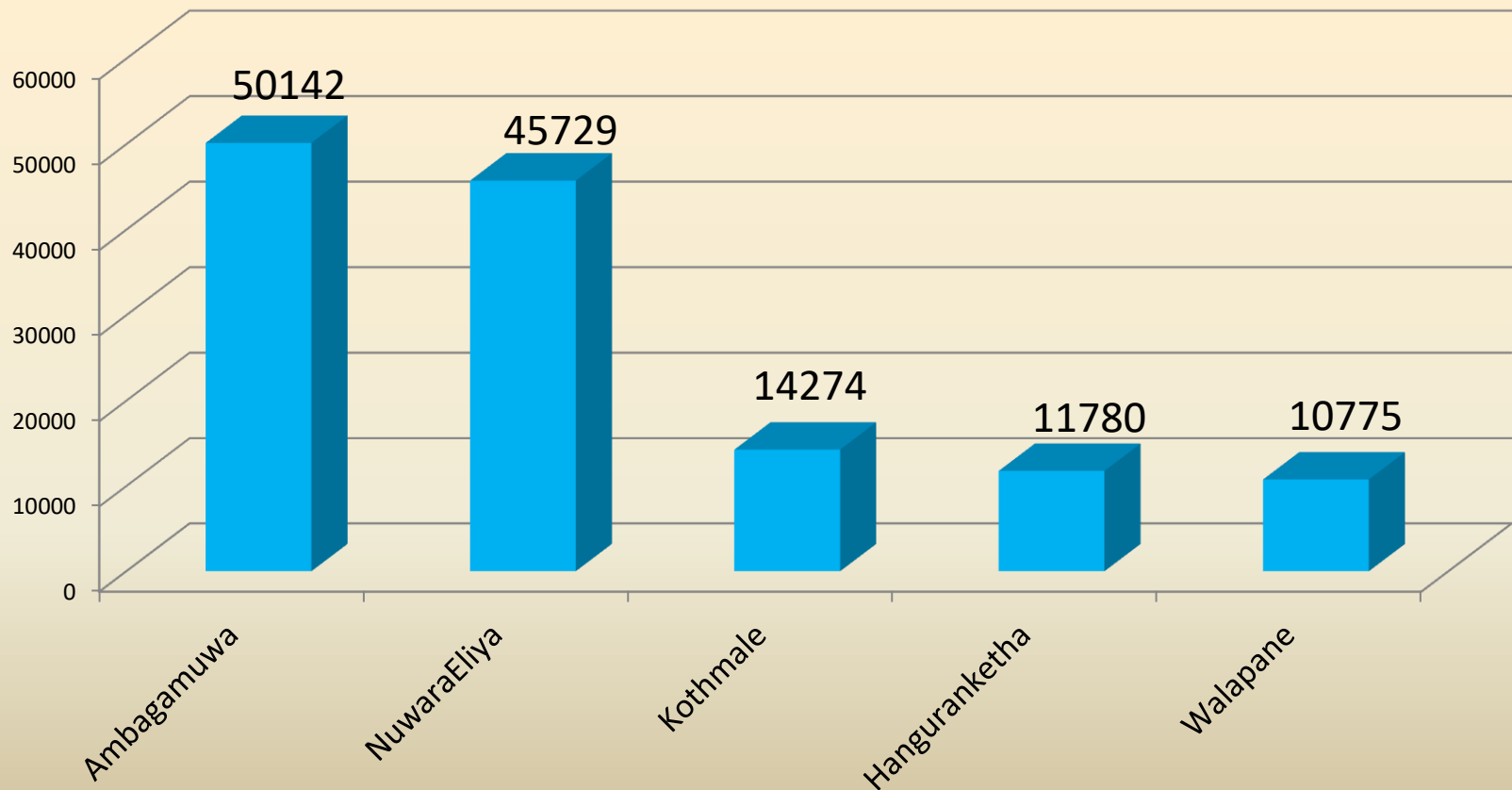


Prevalence of Tablets use

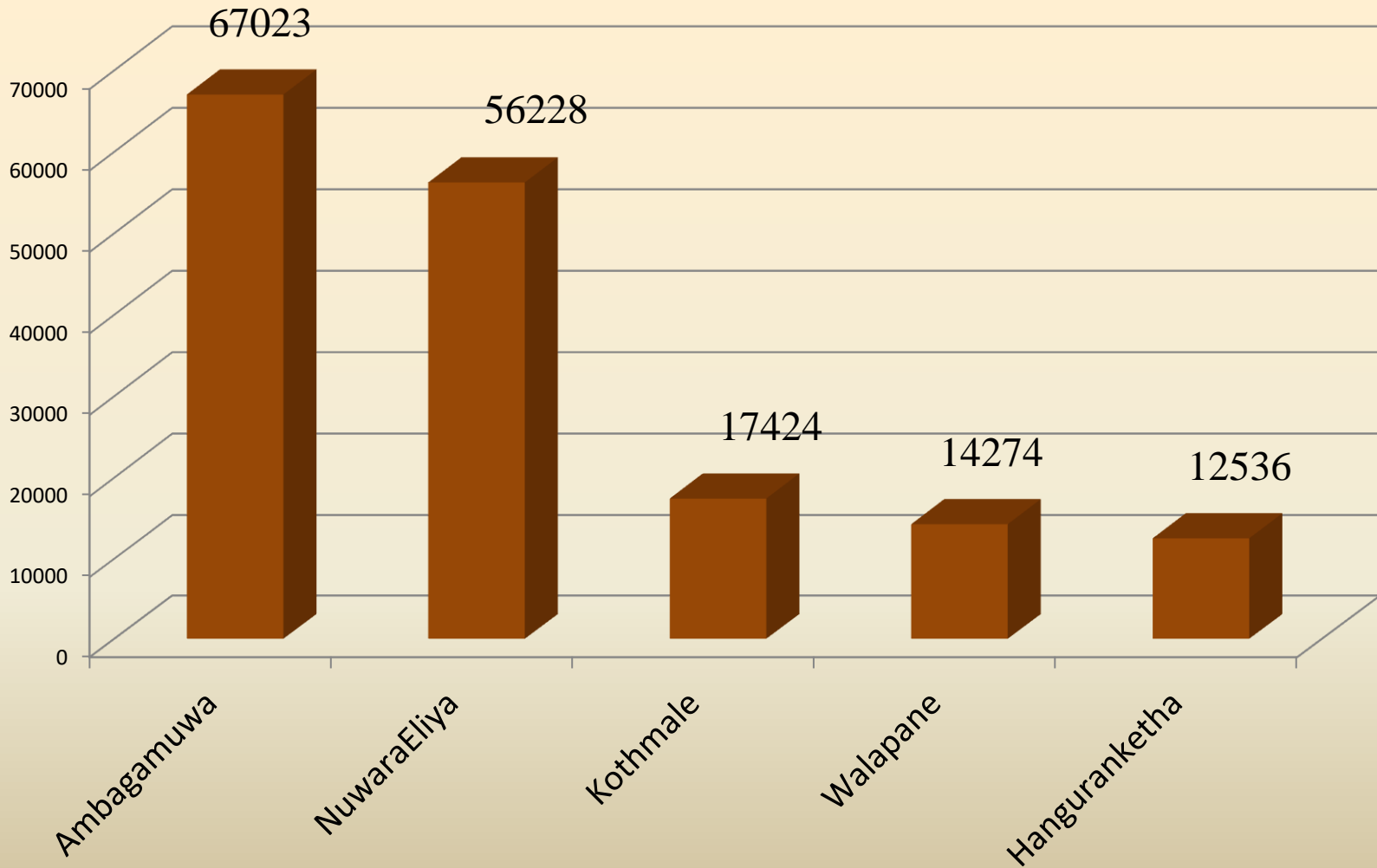


DS wise prevalence in Nuwara Eliya District

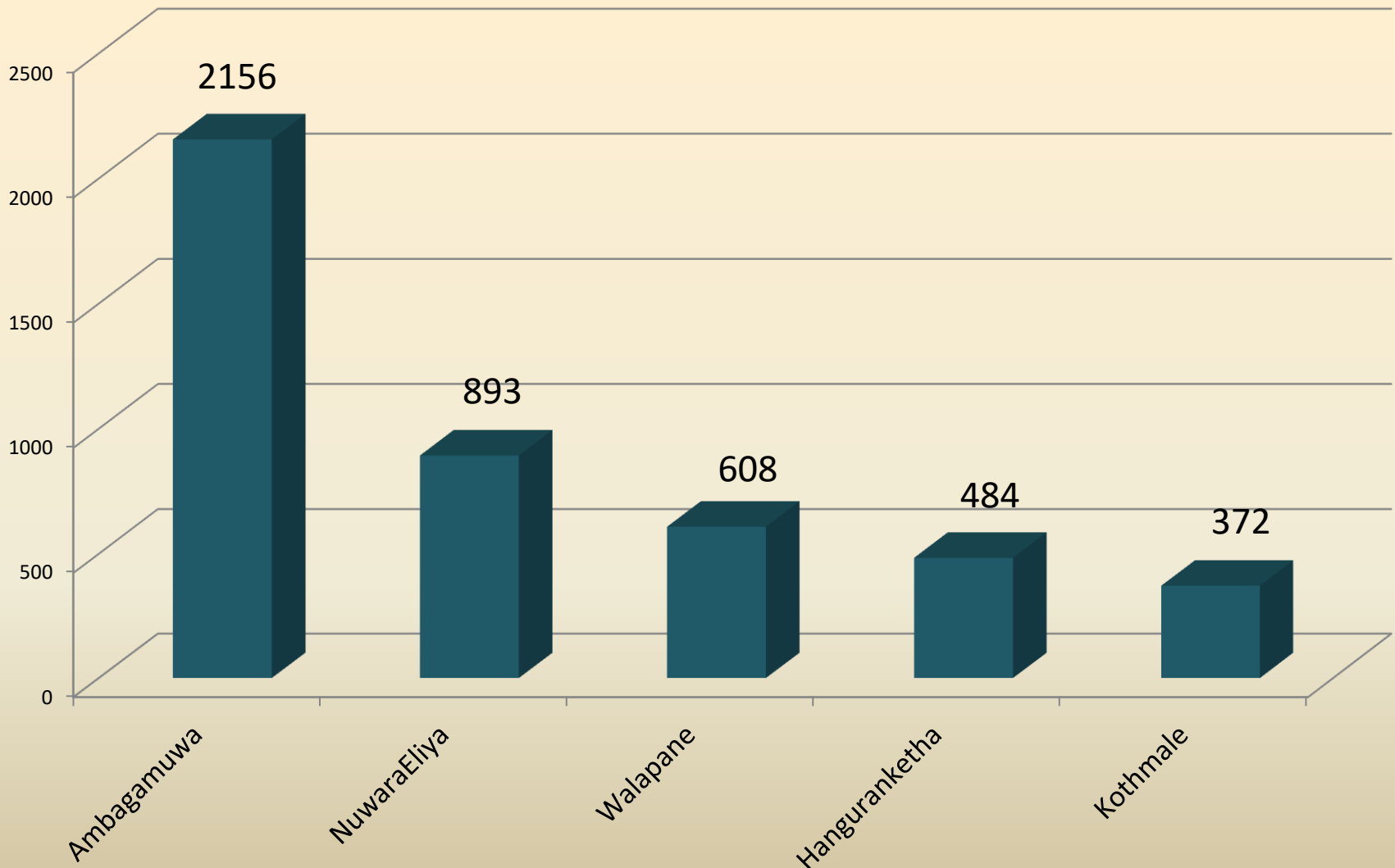
Prevalence of Cigarette use



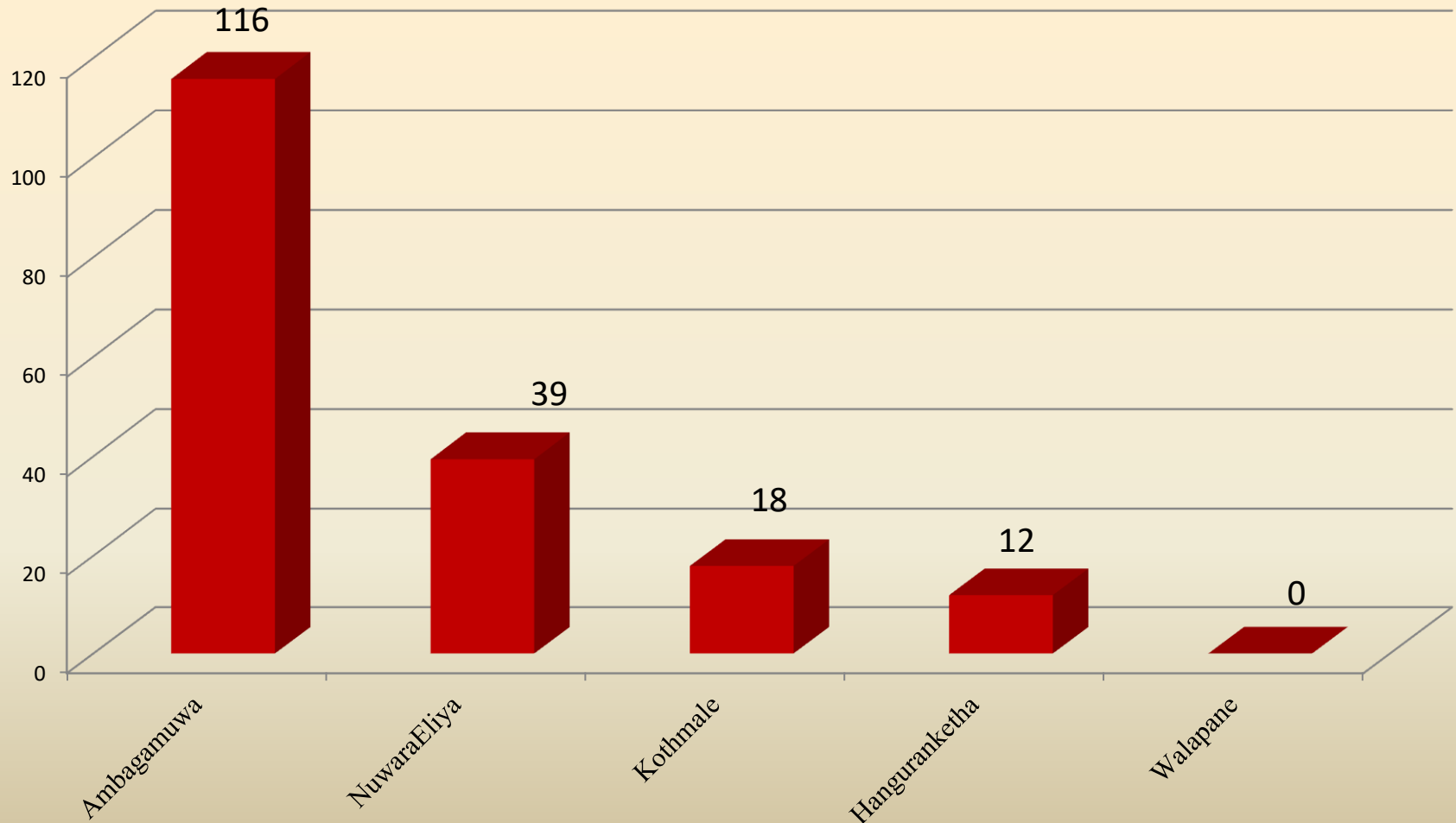
Prevalence of Alcohol use



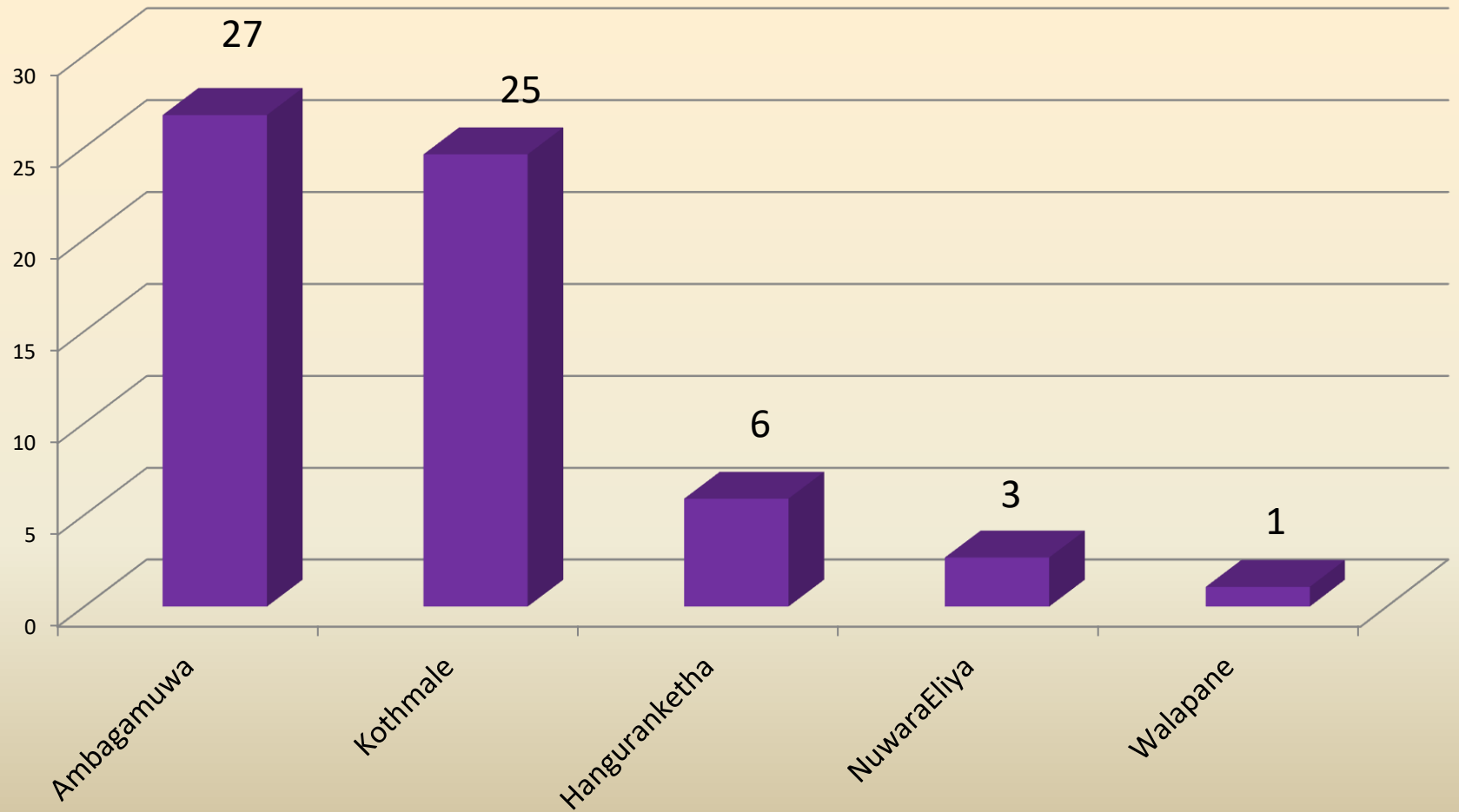
Prevalence of Cannabis use



Prevalence of Heroin use



Prevalence of Tablets use



Recommendations and proposals to way forward...

- Strengthen the prevention mechanisms in community level in Central province.
- Expand the drug treatment services in provincial and district level.
- Establish sub working groups in high prevalence areas .

Thank you....